

**2009 Southwest Ohio Swim League
Long course Qualifying times**

| 25 Y Course | 25 M Course | <u>LCM</u> | <u>8 and Under</u> | <u>LCM</u> | 25 M Course | 25 Y Course |
|------------------------|------------------------|-------------------|---------------------------|-------------------|------------------------|------------------------|
| 1:32.39 | 1:43.11 | 1:44.99 | 50 Free | 1:44.99 | 1:41.94 | 1:31.34 |
| | | | 100 Free | | | |
| | | | 50 Back | | | |
| | | | 50 Breast | | | |
| | | | 50 Fly | | | |
| | | | 200 Free Relay | | | |
| | | | 200 Medley Relay | | | |

| 25 Y Course | 25 M Course | <u>LCM</u> | <u>9 and 10</u> | <u>LCM</u> | 25 M Course | 25 Y Course |
|------------------------|------------------------|-------------------|------------------------|-------------------|------------------------|------------------------|
| 3:11.15 | 3:33.33 | 3:35.99 | 50 Free | 3:30.99 | 3:26.04 | 3:04.61 |
| | | | 100 Free | | | |
| | | | 200 Free | | | |
| | | | 50 Back | | | |
| | | | 50 Breast | | | |
| | | | 50 Fly | | | |
| 3:31.19 | 3:55.70 | 3:59.99 | 200 IM | 3:59.99 | 3:51.68 | 3:27.59 |
| | | | 200 Free Relay | | | |
| | | | 200 Medley Relay | | | |

| 25 Y Course | 25 M Course | <u>LCM</u> | <u>11 and 12</u> | <u>LCM</u> | 25 M Course | 25 Y Course |
|------------------------|------------------------|-------------------|-------------------------|-------------------|------------------------|------------------------|
| 1:13.91 | 1:22.48 | 1:23.99 | 50 Free | 1:20.99 | 1:18.63 | 1:10.46 |
| 2:38.40 | 2:56.78 | 2:58.99 | 100 Free | 2:54.99 | 2:50.88 | 2:33.11 |
| 6:58.86 | 6:06.45 | 6:13.99 | 200 Free | 6:10.99 | 5:58.65 | 6:49.94 |
| | | | 400 Free/500 Free | | | |
| | | | 50 Back | | | |
| 1:27.60 | 1:37.76 | 1:38.99 | 100 Back | 1:35.99 | 1:33.20 | 1:23.51 |
| | | | 50 Breast | | | |
| 1:32.21 | 1:42.91 | 1:45.99 | 100 Breast | 1:45.99 | 1:42.32 | 1:31.68 |
| | | | 50 Fly | | | |
| 1:24.54 | 1:34.35 | 1:34.99 | 100 Fly | 1:34.99 | 1:33.82 | 1:24.06 |
| 2:58.63 | 3:19.36 | 3:22.99 | 200 IM | 3:21.99 | 3:15.00 | 2:54.72 |
| | | | 200 Free Relay | | | |
| | | | 200 Medley Relay | | | |

| 25 Y Course | 25 M Course | <u>LCM</u> | <u>13 and 14</u> | <u>LCM</u> | 25 M Course | 25 Y Course |
|------------------------|------------------------|-------------------|-------------------------|-------------------|------------------------|------------------------|
| | | | 50 Free | | | |
| 1:10.39 | 1:18.56 | 1:19.99 | 100 Free | 1:14.99 | 1:12.81 | 1:05.24 |
| 2:32.21 | 2:49.87 | 2:51.99 | 200 Free | 2:43.99 | 2:40.14 | 2:23.49 |
| 6:30.98 | 5:42.06 | 5:49.09 | 400 Free/500 Free | 5:29.99 | 5:19.01 | 6:04.63 |
| | | | 50 Back | | | |
| 1:17.87 | 1:26.90 | 1:27.99 | 100 Back | 1:24.99 | 1:22.52 | 1:13.94 |
| 2:40.44 | 2:23.75 | 3:01.29 | 200 Back | 2:54.09 | 2:49.03 | 2:31.45 |
| | | | 50 Breast | | | |
| 1:26.99 | 1:37.08 | 1:39.99 | 100 Breast | 1:36.99 | 1:33.63 | 1:23.89 |
| 3:03.03 | 2:43.99 | 3:27.99 | 200 Breast | 3:17.19 | 3:10.36 | 2:50.56 |
| | | | 50 Fly | | | |
| 1:17.42 | 1:26.40 | 1:26.99 | 100 Fly | 1:22.99 | 1:21.97 | 1:13.44 |
| 2:54.69 | 2:36.52 | 3:16.29 | 200 Fly | 3:05.19 | 3:01.88 | 2:42.96 |
| 2:50.71 | 3:10.52 | 3:13.99 | 200 IM | 3:02.99 | 2:56.65 | 2:38.28 |
| 5:46.11 | 6:26.28 | 6:31.09 | 400 IM | 6:13.19 | 6:02.36 | 5:24.67 |
| | | | 200 Free Relay | | | |
| | | | 200 Medley Relay | | | |

| 25 Y Course | 25 M Course | <u>LCM</u> | <u>15 & Over</u> | <u>LCM</u> | 25 M Course | 25 Y Course |
|------------------------|------------------------|-------------------|-----------------------------|-------------------|------------------------|------------------------|
| | | | 50 Free | | | |
| 1:02.47 | 1:09.72 | 1:10.99 | 100 Free | 1:09.39 | 1:07.37 | 1:00.36 |
| 2:10.26 | 2:25.37 | 2:27.19 | 200 Free | 2:17.89 | 2:14.65 | 2:00.65 |
| 6:09.70 | 5:23.44 | 5:30.09 | 400 Free/500 Free | 4:59.59 | 4:49.62 | 5:31.04 |
| | | | 50 Back | | | |
| 1:14.06 | 1:22.65 | 1:23.69 | 100 Back | 1:17.49 | 1:15.24 | 1:07.41 |
| | | | 50 Breast | | | |
| 1:26.12 | 1:36.11 | 1:38.99 | 100 Breast | 1:29.99 | 1:26.87 | 1:17.84 |
| | | | 50 Fly | | | |
| 1:12.08 | 1:20.44 | 1:20.99 | 100 Fly | 1:17.19 | 1:16.24 | 1:08.31 |
| 2:34.60 | 2:52.54 | 2:55.69 | 200 IM | 2:45.99 | 2:40.24 | 2:23.58 |
| | | | 400 Free Relay | | | |
| | | | 200 Medley Relay | | | |

| 25 Y Course | 25 M Course | <u>LCM</u> | <u>Senior</u> | <u>LCM</u> | 25 M Course | 25 Y Course |
|------------------------|------------------------|-------------------|----------------------|-------------------|------------------------|------------------------|
| 13:09.50 | 11:30.72 | 11:49.99 | 800 Free/1000 Free | 11:09.99 | 10:54.16 | 12:27.70 |
| 20:26.75 | 20:23.08 | 20:51.79 | 1500 Free/1650 Free | 19:25.99 | 18:53.43 | 18:56.84 |
| 2:38.14 | 2:56.49 | 2:58.69 | 200 Back | 2:48.09 | 2:43.21 | 2:26.23 |
| 2:55.81 | 3:16.21 | 3:19.79 | 200 Breast | 3:09.99 | 3:03.41 | 2:44.34 |
| 2:45.53 | 3:04.74 | 3:05.99 | 200 Fly | 2:50.99 | 2:47.93 | 2:30.47 |
| 5:28.06 | 6:06.13 | 6:10.69 | 400 IM | 5:49.99 | 5:39.83 | 5:04.49 |
| | | | 200 Free Relay | | | |
| | | | 800 Free Relay | | | |
| | | | 200 Medley Relay | | | |
| | | | 400 Medley Relay | | | |